



Be a life saver

Learn CPR

Call Push Rescue

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If it wasn't for the Call Push Rescue training, I wouldn't have had the confidence to act. Call Push Rescue gives everyone the chance to save a life.

Kieran Byrne
Life saver



Sign up for **FREE CPR** training and make sure that you know how to step in and save a life.

In the UK, less than 1 in 10 people survive an out-of-hospital cardiac arrest.

Together we can push up the survival rates. Join the Nation of Life Savers and sign up for CPR training today.

Venue

Stanstead
Community Centre

Date

Monday 24th November

Time

7pm

Contact

Sharon Howe (Defibrillator Custodian)
01787 280479

* No need to book *

C P R